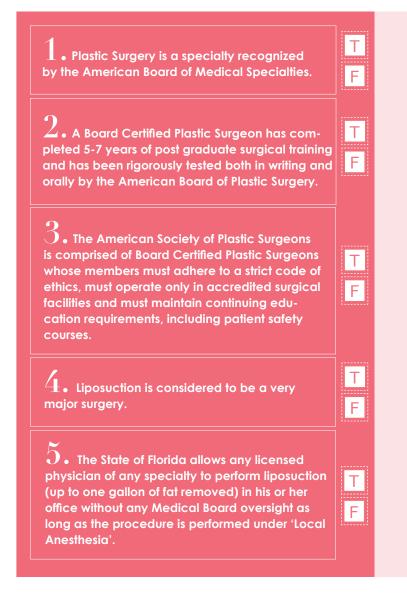
A D V E R T O R I A L A D V E R T O R I A L





Now give yourself one point for each question you answered as True and add up the score.

If you scored 5 Congratulations! You are either a very informed consumer or a Plastic Surgeon.

If you scored 3-4 You are still very informed and knowledgeable about medical training but may benefit from learning more about Plastic Surgery before seeking a consultation.

If you scored 0-2 Do not get plastic surgery until educated. At the very least, do not get any plastic surgery in a hotel, a private residence, a hair salon or a barber shop before doing much more research.

So now that you know your PQ, let's look at each question a little more carefully and see why this knowledge could be important to you if you're considering plastic surgery.

First, a Board Certified specialist has completed a prescribed course of training and has been independently tested to demonstrate knowledge of his/her specialty. Without this, it becomes more difficult to know what your surgeon's background really is. Typically, a Board Certified surgeon will have hospital privileges to perform the same procedures being done in an office based operating room. Secondly, membership in a specialty society usually requires adherence to a strict code of ethics, continuing medical education requirements and the obligation to operate only in accredited surgical facilities.

Third, liposuction is used as an example of cosmetic surgery since it is frequently advertised as an innocuous 'lunch time' procedure performed under local anesthesia. Educate yourself by 'Googling' liposuction complications to put this operation into perspective.

Lastly, neither the Osteopathic nor the Allopathic Medical Boards

of Florida determine who can or cannot perform cosmetic surgeryespecially in an office environment. Neither can the Specialty Boards of Plastic Surgery, Dermatology, etc. Therefore, the patient is responsible to research the training background, experience and quality of the practitioner.

In our consumerist society, we are always looking for a 'good deal'. Low prices, discounts and 'specials' get our attention. However, put price into perspective and do not let it rule your final decision when choosing a surgeon. There are so many talented, ethical and well trained surgeons available locally that it makes little sense to trust anyone to operate on you if they don't have the appropriate training, certification or experience. Cosmetic surgical procedures are overwhelmingly life enhancing with a low risk of serious complications. The first step in obtaining the best results possible and having the lowest chance of complications is to choose your surgeon wisely.

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